



BACK in MOTION

ASTD (Abbotsford, Coquitlam, Surrey, Vancouver, Victoria) | Jul - Sep 2021

How Did We Do?

In Quarter 3, 55 injured workers completed the ASTD Program:

Who Did We Serve?

- The average age of ASTD Clients was 45, ranging from 23 to 68 years old
- The most common industry was Health (25%); Trades/Construction/Transportation (25%), followed by Sales & Services (24%), and Processing/Manufacturing/Utilities (9.1%)
- The most commonly treated injury type was Sprains/Strains/Tears (68.5%) followed by Tendonitis (26%)
- The most commonly treated injury area was Elbow (29.6%), followed by Shoulder (25.9%)
- ASTD Clients participated in an average of 39 clinic days

How Satisfied and Included Did They Feel?

- 93% was the overall Client satisfaction score
- 94.1% of Clients would recommend Back in Motion to a friend
- 92.9% of Clients felt that the facilities were easy to access
- 92.9% of Clients felt included in the services received
- 93.6% of Clients felt prepared for the services received

How Did We Help?

- 96.4% of Clients were fit to return to work upon program completion
- 58.8% of Clients were working at discharge with:
 - 70% working full-time in the pre-accident job or a new job
 - 20% working in a modified version of the pre-injury job

Did you participate in an ASTD Program?

Tell us what you think anytime you have something to share. It takes about 4 minutes to complete.

Program: WorkSafeBC ASTD



*“Sarah was very helpful and friendly and always made sure to check that things were going ok for us. Halah and Jessica were also nice to deal with ... they gave it 110%
~Abbotsford, Sep 2021*

*“The team is very supportive and they always encouraged to keep going through exercises.”
~Vancouver, Sept 2021*

*“All staff members involved with my ongoing rehabilitation has gone above beyond expectations. They were highly attentive, understanding, helpful, caring and outstanding.”
~ Vancouver, Sept 2021*

*“I 100% recommend BIM Victoria to anyone with pain or discomfort, I hope anyone with any injury comes to see the team.”
~Victoria, Jul 2021*

Helping people work.

Helping people live.