



# BACK in MOTION

ASTD (Abbotsford, Coquitlam, Surrey, Vancouver, Victoria) | Oct - Dec 2021

## How Did We Do?

In Quarter 4, 57 injured workers completed the ASTD Program:

### Who Did We Serve?

- The average age of ASTD Clients was 45, ranging from 22 to 65 years old
- The most common industry was Trades/Construction/Transportation (31.6%), followed by Health (19.3%), Sales & Services (17.5%), and Processing/Manufacturing/Utilities (10.5%)
- The most commonly treated injury type was Sprains/Strains/Tears (73%) followed by Tendonitis (18%)
- The most commonly treated injury area was Elbow (43%), followed by Wrist (25%) and Shoulder (16%)
- ASTD Clients participated in an average of 41 clinic days

### How Satisfied and Included Did They Feel?

- 93.5% was the overall Client satisfaction score
- 96.2% of Clients would recommend Back in Motion to a friend
- 95.2% of Clients felt that the facilities were easy to access
- 90.4% of Clients felt included in the services received
- 93.3% of Clients felt prepared for the services received

### How Did We Help?

- 98.2% of Clients were fit to return to work upon program completion
- 59.6% of Clients were working at discharge with:
  - 61.8% working full-time in the pre-accident job or a new job
  - 29.4% working in a modified version of the pre-injury job

### Did you participate in an ASTD Program?

Tell us what you think anytime you have something to share. It takes about 3 minutes to complete.



For Program choose WorkSafeBC ASTD

*“Luis, Haalah, and Dr. Neufeld were exceptionally professional, helpful, and friendly. Very nice to work with.”*

*~Abbotsford, Dec 2021*

*“Everyone was very friendly and welcoming. They were all great!”*

*~Coquitlam, Dec 2021*

*“Jeremy, Sid, Bob and Jessica - They’re very helpful in my recovery and always around when I need answers.”*

*~ Surrey, Dec 2021*

*“Bell and Jeremy were very helpful and nice.”*

*~Surrey, Dec 2021*

*“Morsal and Christine were so understanding, always wanting to do whatever they could to help.”*

*~Victoria, Oct 2021*

Helping  
people  
work.

Helping  
people  
live.