



# BACK in MOTION

OR1 (Abbotsford, Coquitlam, North Vancouver, Surrey) | Jul - Sep 2022

## How Did We Do?

In Quarter 3, 71 Clients completed the OR1 Program.

### Who Did We Serve?

- The average age of OR1 Clients was 45, ranging from 21 to 68 years old
- The most common industries were Trades/Construction/Transportation (61.4%) followed by Health (12.9%) and Processing/Manufacturing/Utilities (8.6%)
- OR1 Clients participated in an average of 23 clinic days
- The most common injury type treated was Sprains/Strains/Tears (80%), followed by fracture (10%)
- The most common injury area seen was the Lumbar Spine/Sacrum (28.6%); followed by Multiple Areas (20%) and Knee (14.3%)

### How Satisfied and Included Did They Feel?

- 94.6% was the overall Client satisfaction score
- 95.8% of Clients would recommend Back in Motion to a friend
- 96.3% of Clients felt that the facilities were easy to access
- 94.2 % of Clients felt prepared for the services received
- 95.3% of Clients felt included in the services received

### How Did We Help?

- 92.9% of Clients were fit to return to work upon program completion
- 55.9% of Clients were working at program end with:
  - 81.6% of those working full-time in the pre-accident job or in a new job; and
  - 18.4% of those still on GRTW or working with modified duties

### Did you participate in an OR1 Program?

Your feedback helps us improve our services. Please take a few moments to tell us how we did today!

Program: WorkSafeBC OR1



*“Mark and Alana were extremely and helpful and knowledgeable in getting me back on track for a successful return to work. I found the stretching classes are very good for myself too”*

*~Coquitlam, Sep 2022*

*“Bob, Bell & Chapman they motivated me throughout this period for keep doing all the exercises with great enthusiasm and not giving up.”*

*~Surrey, Sep 2022*

*“Hannah and Jackie were both fantastic at helping me get healthier and back to work. They both gave a level of care that cannot go unnoticed.”*

*~North Van, Aug 2022*

*“Jason, Franz and Antony where great, anytime I needed anything they were right there too help.”*

*~Coquitlam, Jul 2022*

*“Jake M. Very supportive.”*

*~Abbotsford, Jul 2022*

Helping  
people  
work.

Helping  
people  
live.