



## Frequently Asked Questions about Medical and Return to Work Planning (MARP) Assessment Services

### How will the program be delivered safely?

Back in Motion is considered a health care centre, and will follow all Provincial Health Officer Orders related to health care centres.

Following the recommendations of the Provincial Health Officer, masks are no longer required in our clinic. We respect each individual's choice in deciding whether or not to wear a mask. If you would like to wear a mask, we can provide you with one. Some of our health care professionals may also continue to wear masks. If you would like your health care professional to wear a mask during your assessment, please let us know.

If you are experiencing symptoms of the flu or have a fever, please let our team know and we would be happy to reschedule your appointment. Regular cleaning of assessment equipment will occur. Frequent handwashing is encouraged.

### What is the purpose of MARP Assessment Services?

MARP Assessment Services consists of medical assessments to determine the best treatment, rehabilitation and/or return to work recommendations for you. The purpose is for you to learn more about your injury, diagnosis, and expected recovery. The Physician will communicate with WorkSafeBC and your physician, and make recommendations about the next steps in rehabilitation or return to work.

### Who will be working with me in MARP?

One of Back in Motion's Physicians will complete a detailed history and physical examination. You will also be requested to complete a psychosocial screen to determine how the injury has impacted your life.

### What will I be doing during the MARP Assessment?

Your Assessment will consist of the following:

- Psychosocial screen, with questionnaires about how the injury has affected your life
- Detailed history and interview, where the Physician will ask questions about your medical and injury history, current injury status, lifestyle, and work
- Physical examination, where the Physician will perform relevant tests and measurements related to your injury. You may be asked to change into a gown or shorts, so that the Physician can properly assess the injured area.
- Education, where the Physician will answer questions related to your injury, and provide expectations about recovery and next steps of treatment and/or return to work with support



## How long does the MARP Assessment take?

Typically, a MARP Medical Assessment will take up to 2 hours. Additionally, 10 minutes will be required at the end of the appointment for completion of a satisfaction questionnaire, so that we can continually improve our services.

## Am I involved in decisions about my treatment and/or return to work?

Yes, you are involved with decisions. You always have a choice regarding recommendations made for you, and these can be discussed with your WorkSafeBC Case Manager. Additionally, you are invited to give feedback on your MARP Assessment through Client Satisfaction Surveys, which will be provided to you at the end of your assessment.

## How does the MARP Physician communicate with my family doctor?

Your family doctor will receive a copy of the MARP Assessment. After receiving the report, your family doctor will have an opportunity to communicate with us if he/she has any concerns about the recommendations. When necessary, the MARP Physician will communicate with your family doctor to update them on your status and recommendations and ask any questions as needed. If any medical issues (not related to your injury) arise during the Assessment, the Program Physician will communicate with your family doctor.

## What if my doctor doesn't think I'm ready to go back to work?

Any return to work recommendations made by the MARP Physician will be sent to your family doctor. If there are any changes suggested by your family doctor, he/she can communicate with WorkSafeBC or the MARP Physician.

## Will you talk to my employer?

No, at this stage, the Program Physician will not speak with your employer directly. The Physician will ask you questions about your job and include this information in the report. If you are referred to a treatment program, the treatment team will contact your employer, with your consent.

## Who gets a copy of my MARP Assessment Report?

With your consent, the MARP Assessment Report is sent to your Case Manager and family doctor.

## Does Back in Motion work for WorkSafeBC?

No, Back in Motion is a private company providing rehabilitation services to a variety of organizations. Back in Motion has contracts with WorkSafeBC to deliver several programs and services, including MARP. The clinical opinions and recommendations are based on the observations and measurable findings of the Program Physician, who is contracted by Back in Motion to deliver this service.